

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk	Grilled sausage & scrambled eggs Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk	Grilled bacon & hash browns & Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk	Traditional full English breakfast Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk	Grilled sausages & baked beans Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk	Hot buttered croissant Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk	Traditional full English breakfast Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	Yorkshire pudding filled with savory beef and sausage Or Grilled gammon with pineapple	Spaghetti bolognaise served with garlic bread and parmesan cheese or chicken pasta bake	Roast loin of pork served with apple sauce Or Roast turkey with stuffing	Homemade Beef lasagna Or Scampi and chips served with peas Jumbo fish fingers	Leg of lamb steak with rosemary sauce Or Sausage Platt	Traditional roast Sunday lunch
Salad Bar and Vegetarian choices available	Salad Bar and Vegetarian choices available	Salad Bar and Vegetarian choices available	Salad Bar and Vegetarian choices available	Salad Bar and Vegetarian choices available	Salad Bar and Vegetarian choices available	Vegetarian choices available
Selection of cold deserts, fresh fruit and yogurts	Selection of cold deserts, fresh fruit and yogurts	Selection of cold deserts, fresh fruit and yogurts	Selection of cold deserts, fresh fruit and yogurts	Selection of cold deserts, fresh fruit and yogurts	Selection of cold deserts, fresh fruits and yogurts	
EVENING MEAL	EVENING MEAL	EVENING MEAL	EVENING MEAL	EVENING MEAL	EVENING MEAL	EVENING MEAL
	Macaroni cheese with garlic crumb topping Or Fish fingers and chips	Soup and sandwich selection Or Hot dish of the day	Chili beef nachos Or Chicken tacos with salsa	Homemade pizza with various toppings Or Seafood risotto	Chicken fillets with honey and ginger sauce served with rice	Chefs choice
Salad bar and Vegetarian choices available	Salad bar and Vegetarian choices available	Salad bar and Vegetarian choices available	Salad bar and Vegetarian choices available	Salad bar and Vegetarian choices available	Salad bar and Vegetarian choices available	Salad bar and Vegetarian choices available
Fresh fruit and yogurts	Fresh fruit and yogurts	Fresh fruit and yogurts	Fresh fruit and yogurts	Fresh fruit and yogurts	Fresh fruit and yogurts	Fresh fruit and yogurts